

Special surprise this week Micro Color Mix

2017 CSA

Winter

January 28th

Planet Earth Diversified

- Bag of Arugula
- Fresh Ginger
- Baby Kale
- Beet Greens
- Green Sorrel
- Epazote
- Petite Tomatoes
- Pepper Paste
- Micro Color Mix
- Potatoes
- Mint

So many fresh flavors this week...lemony sorrel, pungent epazote, bracing mint. And of course, ginger.

Try a combination of a few epazote leaves cooked in with your beans and towards the end, generously apply the pepper

paste to taste. Or consider this combination for potato and egg casserole with cheese. The green sorrel can be chopped fresh, a few leaves with apple, raisin, honey and nuts..we like walnut or pecan, and finished with a splash of balsamic vinegar for a palate pleasing salad. Cooked, it is good for stuffing inside of fish or chicken and then baked or slightly wilted in the pan as a garnishing side. Classically it is used as a pureed soup, combined with onion and sometimes potato. Makes a fantastic pesto that can be stored in the freezer. Enjoy having micros on everything! from soups and sandwiches, side garnish, rice paper wrap, to omeletes and quiches...Enjoy!

