

Two weeks until Winter CSA starts...

2016 CSA

Fall

December 24th

Planet Earth Diversified

- Papaya
- Tomatoes
- Chives
- Sage
- Pineapple Sage
- Rose Geranium
- Baby Red Sorrel
- Arugula
- Tatsoi
- Baby Red Kale
- 2 Delicata Squash
- Beet Tops

“These are a few of my favorite things...” Included is a photo of Michael with his very first tomato...the “love apple”. It sits above his Dad’s desk. We like to cook the squash and top

it with pumpkin pie spices like nutmeg and cinnamon, but we also like it stuffed with tomato, arugula and cheese, giving it a nut topping. The beet tops make a very nice simple salad with goat cheese and a splash of balsamic. The rose geranium is one of my favorite cups of tea, infusing the leaves

before the water comes to a boil to not lose much of its aroma. It also steeps in milk products very well, just be sure to not overcook it. It can flavor chilled yogurt in less than an hour for a unique dressing or dip that goes nicely with cheese and fruit plates.

Then there is another cutting of the pineapple sage to soothe and comfort you. May peace and harmony be with you. To your health and your pleasure always! Enjoy 😊

