

*Sign up for a CSA share and get 10% off of market items anytime*

**2016 CSA**

**Fall**

**October 15<sup>th</sup>**

**Planet Earth Diversified**

- **Anaheim peppers**
- **Padron peppers**
- **Serrano peppers**
- **Jalapeno peppers**
- **Bell Peppers**
- **Eggplant Medley**
- **Watermelon**
- **Baby Ginger**
- **Tatsoi Greens**
- **Tomatoes (pick from set)**
- **Epazote**
- **Papalo**

Yes, there is a watermelon in your CSA share this week! We could not believe it when we came across them as we thought that they had all been ruined by weather and wildlife. Just had to share of the few we found as killing frost fast approaches.



Many people are familiar with stuffed bell peppers or filling jalapenos with cheese but i wanted to share a favorite of Michael's: the Pepper Dog. He cuts a half circle around the top of an Anaheim and then a long slit down the middle, forming a tall "T", scoops the seeds out, stuffs it with cheese and then wraps it in bacon. This is grilled until the bacon is



crisp and served on a bun with tomato and a touch of barbeque sauce. We used to make them at the City Market years ago and they were very popular. Chefs and enterprising folks have picked up the idea and now the Pepper Dog can be found states away. Another meal idea nice with these cool evenings is a soup made from your butternut. Just puree your roasted squash and serve with a bit of tomato and cheese. For a bit of exotic, south of the border flavor to experiment with, we included epazote and papalo. They are both digestive, gastro-intestinal supporters and papalo is well known as an aid to liver disorders. To your health and your pleasure! Have a great week ☺

