

CSA members get additional 10% off at our markets!

2016 CSA Summer September 24 Planet Earth Diversified

Renew or signup for CSA at <https://specials.planeteearthdiversified.com/> or at the market ☺

- **Bell Peppers**
- **Eggplant Mix**
- **Okra**
- **Tatsoi 10x10**
- **Yukon Gold Potatoes**
- **Fresh dug Baby Ginger**
- **Tomatoes (pick from set)**
- **Gourmet Cucumber**
- **Farm Fresh Eggs**
- **Baby Arugula 8x8**
- **“Hatch” peppers**

There are several eggplant varieties for you this week to try. Let us know which one you like best because your vote counts! There are many ways to enjoy eggplant and to save some for after frost, consider making baba ghanoush and popping it into the freezer to savor later. Baba ghanoush is easy to make, as it is essentially cooked eggplant pureed into a dip. A basic core recipe for it is 1 eggplant, 1 lemon, garlic, tahini, and salt. There is a nice recipe at <http://minimalistbaker.com/simple-baba-ghanoush/>.



We have a LOT of fresh eggs right now so we included a dozen in your CSA share this week. If you already get eggs as part of your share, your case will include 2 dozen. We also included a couple of Hatch peppers this week for a spike of

flavor classic to the southwest. All of our pepper seed comes certified from the Chile Pepper Institute and none of their seeds are genetically modified. Our farm has taken the Safe Seed Pledge so you can rest assured that none of our products contain gmo material. Although no longer certified, we maintain the original organic growing methods that Mike helped to spearhead decades ago. The tomato house was the very first certified organic greenhouse in the state of Virginia.

Don't forget that this is the last week of this season's CSA program and now is the time to sign up for next season. Fill out the back and return to us or go online to sign up today. Delicata coming soon! To your health & pleasure, always, love, leslie.

