

Remember, you can sign up for a share anytime!

2016 CSA

Summer

July 16th

Planet Earth Diversified

- **Field Arugula**
- **Mixed Field Greens**
- **Chard**
- **Beet Greens**
- **Squash Blossoms**
- **Onion bunch**
- **Garlic**
- **Peppers**
- **Eggplant**
- **Thai Basil**
- **Yellow Squash**
- **Gold Zucchini**
- **Potatoes**
- **Tomatoes**
- **Gourmet Cucumber**

CSA members receive 10% discount! announced this week. This is in addition to the extreme



discount received for being a participating CSA member. At our price, a single share costs about \$25 a week; the retail price for items in your share this week would be \$58.73. What a bargain! New this week in the share are peppers, eggplant, yellow squash, chard, beet greens and gourmet cucumber. From casseroles to the grill, from lasagna to ratatouille, squash and eggplant are versatile. For an interesting twist, consider this eggplant dish that utilizes tomatoes from a Middle Eastern restaurant: Borani Badenjan, fried eggplant steamed with seasoned tomato sauce, served with homemade garlic yogurt and mint. Or try this: Mike takes the eggplant, tomatoes, etc, and simmers it in a crock pot.



The resultant rich batch is then great for a minestrone or served over pasta. Very nice with a shaving of parmesan!

The second planting of cucumbers is doing well and we are so grateful to share with you what we consider one of the best tasting, highest quality cucumbers to be found locally.

Let us know what you think! To your health and your pleasure! Enjoy ☺