

CSA winter 2016 Jan 9

- **Mixed Field Greens**
- **Arugula Greens**
- **Red Kale**
- **Baby Sorrel**
- **Parsley**
- **Dill**
- **Rose Geranium**
- **Cilantro**
- **Butternut Squash**
- **Sweet Potatoes**
- **Watercress Pesto**

2016 CSA Winter January 9 Planet Earth Diversified

Winter 2016!

CSA distribution for our farm pickup winter share has begun. Come to the Farm then follow the CSA pickup signs and your CSA is in the old Step Van across from the glass doors of the packing room. (if you see a Deer or bags of seed – you're in the wrong cooler)

Purple Sweet potatoes boiled always seem to make the most tender sweet potatoes to us – Plus if you use the purple water to make rice and you get natural coloring for beautiful purple rice!



A healthy salad dressing is easily made using fat free yogurt and a spoon of our fresh pesto. Just mix well and you have a creamy instant salad dressing. Watercress Pesto has a tiny bit of spicy bite from the watercress and that really compliments the tart yogurt on salads. Try Pesto on pasta with just a bit of olive oil. Pesto is a good snack on crackers as well!

