

# 2015 last pickup is Dec 19th (super Share), no market Dec 26th

2014 CSA

Fall

November 28

PlanetEarthDiversified

- (ask assistant )  
ginger, pesto
- Mixed Field  
Greens
- Rainbow Chard
- Arugula Greens
- Dinosaur Kale
- Poultry Herbs
- Dill
- Bay Laurel
- Tarragon
- Flat Parsley
- Butternut Squash
- Baby Ginger
- Sweet Potatoes
- Red Cabbage



As everyone is running around like chickens with their heads chopped off, we thought you might like a special addition to your Share: pesto! With family visiting and extra mouths to feed, having a tub of pesto goes a long

way. If you have yogurt, you have salad dressing. How about a roast?

Well, try a little rub. Sauces? Soups? How about fresh caught fish!

Where i come from, it is “fisherman’s paradise” and having a slather

of pesto across fish..Divine! Sorrel is

the flavor we usually reserve for

salmon steaks, cut from the side like

a sandwich roll, pesto smeared

inside, baked, and topped with

balsamic reduced/roasted pecans.

Finish this dish with a scoop of rice,

with a tablespoon of pesto added to

the water of the rice in prep. Voila!

Have fun with your garnish, maybe

you have an edible flowering shrub

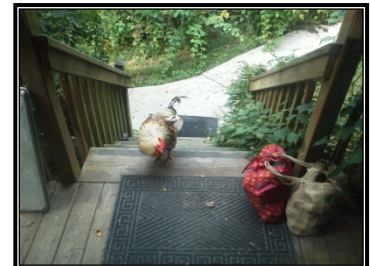
around, or how about a sprig of the

dill this week. Bed the fish on your

arugula greens and you have a classic

PED meal. This week’s pesto flavor is my all time favorite, not

because it is so popular, but because it is so helpful. Basil.



King. Royal. Loyal and true...the ultimate anti-depressant in our garden. And

with tender leaves, aromatic, and “like butter” body to work with, how can

you go wrong? Even with good leaf turgidity, the sweet leaf has a curved

shape and turned upside down can

resemble a boat. Hence, in magical

concoctions in the kitchen, basil pesto

definitely does the trick. So don’t be blue this week, warm up

with some pesto instead. If you are entertaining, try it as a smear

on a cracker with a wedge of cheese and tomato. If as a dip,

dilute with a pure olive oil. <3 i love you, Maddie, miss U2!

